

## What are the PIC's Responsibilities?

California Health and Safety Code, Sections 113949 - 113950.5

- ✓ Discuss the relationship between employee health and foodborne illness in your regular staff trainings.
- ✓ Encourage employees to inform you if they experience any GI illness.
- ✓ Pay attention to behaviors that may indicate that an employee is ill (i.e. using the restroom more often than usual).
- ✓ Call the Health Department right away if 2 or more food employees are having GI symptoms at the same time.
- ✓ Tell employees to follow their doctor's or the Health Department's requests for laboratory testing.
- ✓ Keep employees who are experiencing GI symptoms away from the work place, or limit their activities so they do not work with exposed food, clean equipment, utensils, linens and unwrapped single-use utensils. *We highly recommend that ill employees are sent home so that the illness does not spread to others.*

Your employees may be eligible for paid sick days.

To learn more visit:

[http://www.dir.ca.gov/dlse/Paid\\_Sick\\_Leave.htm](http://www.dir.ca.gov/dlse/Paid_Sick_Leave.htm)

**“Tell your PIC  
if you're sick”**



County of Orange  
Health Care Agency  
Environmental Health  
1241 E. Dyer Road, Suite 120  
Santa Ana, CA 92705  
[www.ocfoodinfo.com](http://www.ocfoodinfo.com)

**Environmental Health Division**  
**Illness Prevention and Response Section**

24-hour hotline  
**(714) 433-6418**  
email:  
[ehealth@ochca.com](mailto:ehealth@ochca.com)

# Prevent Foodborne Illness Outbreaks



**A Health Guide  
for Food Employees  
and the  
Person In Charge (PIC)**





Sick Employee



Goes to work



Causes foodborne illness outbreak



## You can cause a foodborne illness outbreak if you handle food while having GI symptoms

Acute gastrointestinal illness (GI) is a short term illness with the following symptoms:

Diarrhea, either alone or with vomiting, fever, or abdominal pain.

Vomiting with either diarrhea or two other symptoms (such as fever, or abdominal pain)

## What are the Food Employee's Responsibilities?

California Health and Safety Code, Section 113949.4

- ✓ Let the PIC know if you have been diagnosed with any infection that can be given to someone else through food.
- ✓ Let the PIC know if you are having GI symptoms, like diarrhea, vomiting, or abdominal pain, even if you have not yet been diagnosed with an infection.
- ✓ Stop work right away if you are at work when the symptoms start.
- ✓ Stay off work until you no longer have symptoms any more and/or your doctor says you can return to work.
- ✓ If the Health Department told you to stay home from work, stay off work until they give you written authorization that says it is okay to return to work.



Sick Employee



Doesn't go to work



Prevents foodborne illness outbreak

